

Lesson #4

Level: Grade 1
Age: 6 years old
Time: 20 minutes

Objectives: Identifying Exit Signs and Knowing Two Ways Out of the Building other than your home.

- Students will identify what exit signs look like
- Students will identify places to look for exit signs
- Students will locate exit signs within their school
- Students will list other places they visit where they might need to find exits quickly if there was a real fire!

Materials/Supplies:

- Lesson Plan
- Extension activity
- Exit Sign
- Pencil

Introduction:

Thank you for inviting me back to your classroom. This is our 4th visit so let's see what you remember from our last lesson! I want to make sure you remember the important things we have talked about so far!

1. You only have one job if there is a fire – What is that job? **Get Out & Stay Out**
2. If I had to come in to help you with all of my gear on, even though I looked different and to some a bit scary, why should you NOT to hide from me?
3. When the school fire drill sounds, why is it important to stay quiet immediately when you hear it? **Because your teacher will need to give you instructions on where to go. If one exit is blocked, they may need to share a new route with you at that time. He/She needs to keep you safe! If there is talking, you may not hear their instructions.**
4. If smoke begins to fill the room- how should you travel to get to the outside? Should you run, walk, or crawl? **Crawl low under the smoke where the clean air is located.**
5. The biggest question: How many of you remember your home address and telephone number now? **Good job – have them clap for themselves if they remember it.**

Hook: We talked about where you would go if you needed to leave the school or your home when the smoke alarm went off. It's good that you know that because you spend a lot of time in those places. But, what if you were at the store, or the movies, and the alarm went off? You would need to know where to go, right? If there was a real fire, there wouldn't be time to stop and figure out what to do.

Lesson: Identifying Exit signs and knowing 2 ways out of the building other than your home.

1. **The Closest Way out:** Sometimes the best and closest way to get out of a building is not the same way you came into the building. For example, if you were at school, in the gym when the alarms went off, would you go all the

way back to the front door to leave the building? **No, you would go to the door in the gym where the closest exit door would be.**

2. **What to look for:** If you were in a store and the alarm went off, you might not want to go all the way back to the front of the store to exit because it would take too long. How else would you know where to go? **Look for an Exit sign. If you see a door without an exit sign above it, don't go out that door. It doesn't exit to the outside.**
3. **What does an exit sign look like?** Use the exit sign as a visual for them to see what it looks like. EXIT signs are usually up above the door – so you need to look up to find them. Sometimes they are hanging from the ceiling with an arrow to show you how to get to the closest exit. Look around the classroom and see if you can point out an exit sign – or take a walk around the school to see if you can locate one together.
4. **Ask them where they like to go, what places?** Let them think for a minute. If they are having a difficult time coming up with places, you can start listing them. Marcus Theatre, McDonald's, Sportsplex, Hockey rink, etc.... Where can you find their exits?

Summary/Review:

1. Where would you look for Exit signs in a building? **Above Doors**
2. Where are some Exit signs in your school? **Gym, Front & Back Doors**
3. Why don't you always go to the same door you came in if there was an emergency? **You want to go to the Exit that is closest to you!**
4. The next time you're at your favorite restaurant, I'd like to look for as many exits as you can and tell your family when you see them. When I come back next time, you can tell me where you found them.

Tell everyone they did a great job!!!

Helpful tips:

When demonstrating the EXIT sign, stand up and hold the exit sign up high so the students will get a clear visual of looking up for the signs.

You can take them for a walk around the school to see if they would like to look for EXIT signs there, too.

When attempting to get the students to name some of their favorite places, it may help to name some of the places you and your kid's like to go: (target; restaurants, Sportsplex)

Tell them when they go to those kinds of places to start looking for EXIT signs when they are in there. It's important for them to become familiar with those signs.